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Staff

HCO BULLETIN OF OCTOBER 6, 1960

THIRTY-SIX NEW PRESESSIONS

The following material was developed for the 1st Saint Hill ACC. All cases of this ACC were well started toward clear, 25 of them started for the first time. These new presessions were employed. Two of the cases started with two-way comm on failed help only after which some of the presessions following worked.

NOTE: These presessions are subject to revision after my further study. Their numbers will not be changed. I will probably change some of the processes and commands. They are given here exactly as developed and in order of development, not workability.

NOTE: The assistance of Dick and Jan Halpern, ACC Instructors, is gratefully acknowledged for the discussion and testing of these presessions.

NOTE: Pre-session I is to be found in HCO Bulletin of August 25, 1960 and is not actually part of this series, not being a havingness confront pre-session.

PRESESSION II:

Havingness: "Look around here and find something you could have."
Confront: "What could you confront?" "What would you rather not confront?"

PRESESSION III:

Havingness: "Point out something in this room you could confront."
"Point out something in this room you would rather not confront."
Confront: "What unfrontable thing could you present?"

PRESESSION IV:

Havingness: "What part of a beingness around here could you have?"
Confront: "What beingness could others not confront?"

PRESESSION V:

Havingness: "Point out something in this room you could confront."
"Point out something in this room you would rather not confront."
Confront: "Point out a place where you are not being confronted."

PRESESSION VI:

Havingness: "Look around here and point out an effect you could prevent."
Confront: "What would deter another? Where would you put it?"

PRESESSION VII:

Havingness: "Point out something."
Confront: "Tell me something I am not doing to you."

PRESESSION VIII:

Havingness: "Where is the (room object)?"
Confront: "Recall something really real to you."
"Recall a time you liked something."
"Recall a time you communicated with something."

PRESESSION IX:

Havingness: "Look around here and find an object you are not in."
Confront: "Recall somebody who was real to you."
"Recall somebody you really liked."
"Recall somebody you could communicate with."

PRESESSION X:

Havingness: "Look around here and find something you could have."
Confront: "What beingness could you confront?"
"What beingness would you rather not confront?"

PRESESSION XI:

Have: "Notice that (indicated object) (no acknowledgement). "What aren't you putting into it?"
Confront: "Tell me something you might not be confronting."

PRESESSION XII:

Have: "Look around here and find something you can agree with."
Confront: "What is understandable?"
"What is understanding?"

PRESESSION XIII:

Have: "Look around here and find something you could have."
"Look around here and find something you could withhold."
Confront: "What have you done?"
"What have you withheld?"

PRESESSION XIV:

Have: "Notice that (room object). Get the idea of making it connect with you."
Confront: (First ask: "Is there anything around here that is absolutely still?"
If the answer is yes, continue. If no, use another pre-session.)
"Look around here and find something you could stop." (to change of needle pattern, or tone arm) then: "Look around here and find something you could start." (to change of needle pattern or tone arm) then, when neither command unsettles needle pattern or tone arm anymore, use 5 or 6 commands of "Look around here and find something you could change." Then return to "stop".

PRESESSION XV:

Have: "Look around here and find something you could withhold."
Confront: "What would you rather not duplicate?"

PRESESSION XVI:

Have: "Point out something around here that is like something else."
Confront: "What is something?"
"What makes sense?"

PRESESSION XVII:

Have: "Where isn't that (indicated object)?"
Confront: "What unkind thought have you withheld?"

PRESESSION XVIII:

Have: "What else is that (indicated object)?"
Confront: "What would make everything the same?"

PRESESSION XIX:

Have: "What is the emotion of that (indicated object)?"
Confront: "What intention failed?"

PRESESSION XX:

Have: "What is that (indicated object) not duplicating?"
Confront: "What two thoughts aren't the same." *

PRESESSION XXI:

Have: "What scene could that (indicated object) be part of?"
Confront: "What past beingness would best suit you?"
"What past thing would best suit you?"

PRESESSION XXII:

Have: "Duplicate something." **
Confront: "What would be a betrayal?"

PRESESSION XXIII:

Have: "What is the condition of that (indicated object)?"
Confront: "Describe a bad case." *

PRESESSION XXIV:

Have: "What is the condition of that person?"
Confront: "What is a bad object?"

PRESESSION XXV:

Have: "What aren't you putting into that body?"
Confront: "What beingness would it be all right to confront?" *

PRESESSION XXVI:

Have: "What bad activity is that (indicated object) not part of?"
Confront: "How would you not duplicate a bad person?"
"How would you not duplicate a bad thing?"

PRESESSION XXVII:

Have: "Where would that wall have to be located so you wouldn't have to restrain it?"
Confront: "Describe an unpleasant environment."

PRESESSION XXVIII:

Have: a) "What around here would you permit to be duplicated?" or,
b) "What is the safest thing in this room?"
Confront: "Describe a removal."

PRESESSION XXIX:

Have: "Who would that (indicated object) be a good example to?"
Confront: "What would that person be a good example to?"

PRESESSION XXX:

Have: "What would you have to do to that (indicated object) in order to have it?"
Confront: "Spot a change in your life."

PRESESSION XXXI:

Have: (Auditor holds two small objects, one in each hand. Exposes them alternately to pc, with as little motion of arms and hands as possible.)
Confront: "Look at this (no acknowledgement). What around here isn't this duplicating?"

PRESESSION XXXII:

Have: "How could you deter a.....?" (Note: per HCO B 20 Oct 60, confront command is changed to: "What could you own?"/ET)
Confront: "What have you not given a.....?" "What have you denied owning?"
"What would a..... own?"
"What would a..... not own?"
(To clean up Scientology auditing or instruction, run on "auditor", "pc", "Instructors", "student", as indicated.)

PRESESSION XXXIII: (this is used as a "post-session" to clear up an intensive at the end):

Have: Whatever havingness runs best on pc as havingness command.
Confront: "What have you done in this room?"
"What have you withheld in this room?"
(To clean up all auditing, use "an auditing room")

PRESESSION XXXIV:

Have: Whatever pc runs best as havingness command.
Confront: "Who have you overwhelmed?"
 "Who have you not overwhelmed?"

PRESESSION XXXV:

Have: "Notice that (indicated room object) How could you get it to help you?"
Confront: "Whom have you failed to help?"
 (This will fishup a case who is out the bottom with ARC breaks.
 Corrects alter-is-ness.)

PRESESSION XXXVI:

Have: "Notice that (room object), How could you fail to help it?"
Confront: "Think of a victim."

Replace havingness of Preession XXV with:

Have: "Notice that body." "What aren't you putting into it?"

3 versions of - Regimen 6 O/W commands:

1. "Get the idea of doing something to....."*/#
 "Get the idea of withholding something from....."*/#
 2. "What have you done to....."*/#
 "What have you withheld from....."*/#
 3. "Get the idea of having done something to....."*/#
 "Get the idea of having withheld something from....."*/#
- */# Assessed 6th dynamic terminal.
(Number 3 runs regret).

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(Note: ** Havingness command nul, per HCO B 23 Sept. 60.
* Confront commands nul per HCO B 23 Sept. 60. E.T.)